An urgent plea from the future

'The contemplative life I was able to lead, on this small Greek Island, drew me inwards, allowing me to see why we humans were continuing to destroy the planet in the face of the overwhelming evidence that our ways of living were unsustainable.

More than global warming and climate change, pollution and conflict, It became absolutely clear that we humans had come to the end of our adolescent phase of living on this planet and that only a new conscious evolution might enable us to address the challenges of our times as adults.'

Over an 11 year period a clear download from a mystical connection unfolded that World renowned Philosopher, Ken Wilber described as:

'A fine example of those more integral meta perspectives (that) is surely at the core of the next major evolutionary change now facing humanity'

The United Nations invited him to present his insights, his writings became a best-selling book at UN Headquarters, shared in 193 countries and Netflix came to make a film of their life and project on the island, now released.

Coming through the writings from these 11 years was one simple and unequivocal message for our times that I felt compelled to share:

'Until we transform ourselves we cannot hope to transform the world'

Richard's original work 'An Urgent Plea From The Future' subsequently became a bestselling book at UN Headquarters in New York and is included in this book as the 17 Sustainable Development Goals and the 17 SDG Human Alignments.

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